

The SAVE Express

Australia / New Zealand Edition

SAVE
SLEEP APNEA CARDIOVASCULAR
ENDPOINTS STUDY

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Welcome

Welcome to the 1st edition of SAVE Express. This newsletter is for the many valued individuals involved in the Sleep Apnea cardiovascular Endpoints (SAVE) trial. With it, we hope to inform and update you regularly about the trial. We will routinely include features on the people involved in the program in a section titled "Faces of SAVE" as well as update you on the progress of the trial, both nationally and internationally. We welcome any comments or suggestions that you may have and please feel free to contact us if you would like to be added to the mailing list.

Happy Reading!

Samantha Mead – SAVE Senior Executive Officer

Sites on board in Australia

The hospitals that have completed their site initiations and are ready to recruit are...

- The Lyell McEwin Hospital (SA)
- Flinders Medical Centre (SA)
- Repatriation General Hospital (SA)
- Eastern Clinical Research Unit (Vic)

*The SAVE team
wishes you the best for
the Festive Season & New Year!*



Faces of SAVE



Professor Doug McEvoy is the Senior Director of the Adelaide Institute for Sleep Health and SAVE Principal investigator. Professor McEvoy explains how the idea for the study was initially conceived and why the study is so important.

Professor McEvoy has been researching the mechanisms and treatment of obstructive sleep apnea for 25 years and while on sabbatical leave with Professor David White in 2004 in the Division of Sleep Medicine, Brigham and Women's Hospital, Harvard Medical School, he had time to reflect on the big questions and challenges in his field. Doug says "It became plain to me that none was more important than whether or not OSA is part of the causal pathway to cardiovascular disease. Fortunately, I have met many skilled colleagues and friends along the way since who have shared my vision to conduct a definitive large-scale randomised controlled trial to answer this pressing question and are helping to turn that vision into reality."



Aimee Mutton is a Clinical Trials Co-ordinator at Flinders Medical Centre (FMC). She has a background in Intensive Care Nursing and since 2007 has been coordinating clinical trials in cardiovascular medicine. She has been highly successful at enrolling and managing patients in many different trials and she attributes her success to active screening of patients in the clinics and wards rather than relying solely in physician referrals. Since the FMC site initiation in late November Aimee says "We have been working very hard at screening and already have a list of 15 people that we will be contacting in January."



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