

The SAVE Express

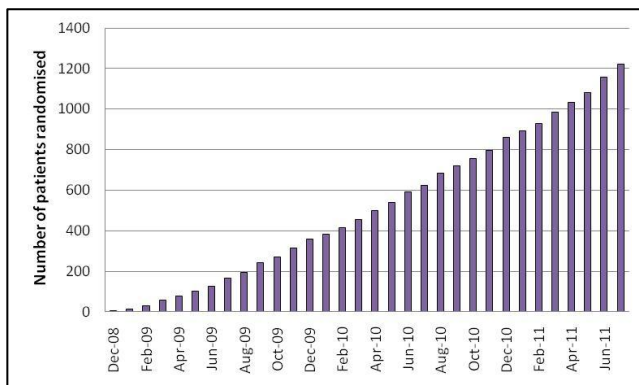
SAVE
SLEEP APNEA CARDIOVASCULAR
ENDPOINTS STUDY

Issue 8 | August 2011

Welcome to the latest issue of the **SAVE Express**. Since our last newsletter, we have seen our highest recruiting month ever, amended our protocol and released a new **LCC MoP!** Read on for more details!

Recruitment

June has been a fantastic month for patient recruitment, having randomised 74 patients, of which 61 patients were from China. This is the largest number of patients we have ever randomised into SAVE in one month! Congratulations all round!



The global total at the end of July was 1213 patients – 159 patients in Australia, 963 patients in China, 61 patients in New Zealand, and 30 patients in India.

Protocol Amendment

An updated version of the protocol has been approved by the Executive Committee. The main changes are:

- 1) Extending the study timelines with recruitment anticipated to be completed by Dec 2014, resulting in the first randomised patients being followed for 8 years and will need to be reconsented.
- 2) Clarification and simplification of the Coronary Artery Disease and TIA inclusion criteria.
- 3) Expansion of the study into more regions.

Please submit the amendment to ethics and if you have any questions please contact your CRA.

New LCC MoP

A new LCC MoP is being finalised and will be coming your way soon! We hope the new version will be easier for sites to use. The new additions include a section on the new PR-Series CPAP machines which will be gradually phased in for new recruited patients. It is important that every site adheres to the LCC MoP to ensure that all procedures are in line with the study protocol. Consider using the study materials provided as reminders and prompts to make sure you are doing the right thing!

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PHILIPS
RESPIRONICS

Conferences

Professor Doug McEvoy, the SAVE PI, will be attending the European Respiratory Society Annual Congress in Amsterdam from September 24-27th. He is happy to meet any SAVE investigators or potential investigators during this time. If you would like to arrange a meeting with Dr McEvoy, please contact him via email (Doug.McEvoy@health.sa.gov.au).

Profile: Waikato Hospital, New Zealand

PI Name: Dr Cat Chang

PI Specialty: Respiratory and Sleep

Study Coordinator name: Chris Tuffery

Number of beds in the hospital: 600 bed regional base hospital, first established in 1886

Size of Catchment: Waikato Hospital provides health services to more than 364,200 people in a region covering eight per cent of New Zealand. It also provides specialist diagnostic treatment services to a population of 832,600 - and beyond.

Date first patient randomised: 5th May 2010

Best source of patients: A ¼ page article was printed in their regional newspaper about Sleep Disorders, which also cited the SAVE Study. Waikato Hospital received 150 emails and over 70 phone calls. From this cohort they dispensed 35 overnight ApneaLinks which has achieved 18 positive results to date (5 of which had severe apnea and so have been directed to the sleep clinic).



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